



Green Books

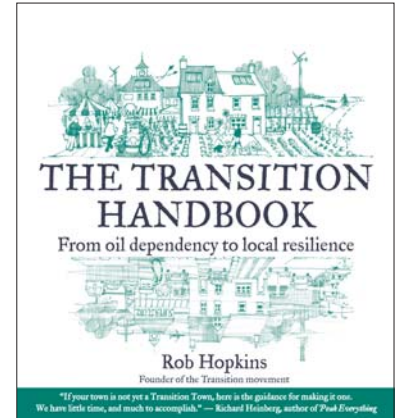
Advance Information

THE TRANSITION HANDBOOK

From oil dependency to local resilience

Rob Hopkins

A manual for transition to a post-peak oil society



6th March 2008

Green Books

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233 x 233 mm

240pp in two colours

£12.95 pb

Contents

Foreword by Richard Heinberg

Introduction

Part 1 The Head

Part 2 The Heart

Part 3 The Hands

Part 4 A Collection of
Tools for Transition

“If your town is not yet a Transition Town, here is guidance for making it one. We have little time, and much to accomplish.” –

Richard Heinberg, Post Carbon Institute, Santa Rosa,
California, author of *Power Down*

We live in an oil-dependent world, and have got to this level of dependency in a very short space of time, using vast reserves of oil in the process without planning for when the supply is not so plentiful. Most people don't want to think about what happens when the oil runs out (or becomes prohibitively expensive), but *The Transition Handbook* shows how the inevitable and profound changes ahead can have a positive effect. They can lead to the rebirth of local communities, which will generate their own fuel, food and housing. They can encourage the development of local currencies, to keep money in the local area. They can unleash a local 'skilling-up', so that people take back control over their lives.

The Transition Handbook is the manual which will guide communities to begin this 'energy descent' journey. The argument that 'Small is Inevitable' is upbeat and positive, as well as utterly convincing. Read this book!

The Author: Rob Hopkins, founder of the Transition Network, has long been aware of the implications of our oil-dependent status, and has been energetically campaigning to increase awareness of its impact, having successfully created an Energy Descent Plan for Kinsale in Ireland which was later adopted as policy by the town council. He now lives in Totnes in Devon, the first Transition Town in the UK, from where he co-ordinates the Transition Network. See www.transitiontowns.org.

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